



RESONANCE LAB

FINDINGS TOOLKIT



Translate 06 — Findings

THE MOVE

That calculation is still raw — noise, not yet a note anyone can act on. This is where it gets refined into something legible: a clear, decision-ready diagnosis, translated for the people who will decide what to do about it next. No new variable here either, just noise refined into signal.

GROUNDING METHOD

Findings are not handed down by an analyst working alone. This step is grounded in Collaborative Sensemaking — a structured practice where community co-researchers work through generating themes and conclusions together with the people who ran the analysis, rather than receiving results after the fact. Regardless of whether the analysis in 05 — Analysis was participatory, statistical, or geospatial, making sense of what it means happens collaboratively here.

Grounded in: Collaborative Sensemaking practices documented in the **Journal of Participatory Research Methods**; core CBPR co-learning principles (**Israel et al.**) applied specifically to the interpretation stage, not only data collection.

This is the approach Resonance Lab defaults to. The right depth and technique for a given engagement — timeline, budget, and who the actual stakeholders are — is a scoping conversation, not a fixed requirement.

The Instruments — Findings

A structured workshop turning raw analysis into a decision-ready diagnosis, together with the people closest to the work.

1. Preparing Raw Findings for the Room

→ **A6.1**

Bring the analysis from 05 into a form participants can actually engage with — visualized, summarized, or read aloud, not a raw output only a specialist could parse.

2. Theme Generation Worksheet

→ **A6.2**

Cluster and name what the findings actually mean, as a group — not an analyst's interpretation presented for approval.

3. Triangulation Against Local Knowledge

→ **A6.3**

Check the findings against what participants already know from lived experience — where do they confirm it, where do they complicate it.

4. Drafting the Decision-Ready Diagnosis

→ **A6.4**

Write the decision-ready statement — the actual gap, in plain language, for the people who will decide what to do about it next.

This toolkit is one of nine. Full walkthrough: labresonance.com/method

A6.1 — Preparing Raw Findings for the Room

BEFORE YOU START

What this is: A preparation checklist translating the analysis from Translate 05 — Analysis into a form non-specialists can actually engage with.

When to use it: Before the session, once analysis is complete.

How to use it: Never hand participants a raw statistical output or an uninterpreted transcript — the visual sketch section below is where that translation actually gets planned.

Translate the analysis into a plain-language summary, a simple visual, or a short spoken readout.

☐ **What the analysis found, in one plain sentence**

☐ **Who from the original fieldwork or analysis will be in the room**

Visual Sketch — rough out how this finding will actually be shown (a simple chart, a map, a single striking quote) before the session, not during it

A6.2 — Theme Generation Worksheet

BEFORE YOU START

What this is: A group clustering exercise turning raw findings into named themes, in the room's own language rather than an analyst's.

When to use it: Once A6.1's findings are prepared and the session is underway.

How to use it: Cluster first, name second — record which findings support each theme so the connection stays traceable.

Source: [Journal of Participatory Research Methods – Strategies to Co-Create Participatory Dissemination](#)

As a group, cluster the raw findings into named themes.

THEME (GROUP'S OWN WORDS)	FINDINGS THAT SUPPORT IT	HOW STRONGLY DOES THE ROOM AGREE

A6.3 — Triangulation Against Local Knowledge

BEFORE YOU START

What this is: A validation step checking each theme against what participants already know from lived experience — this is specifically where a purely statistical or geospatial finding, not itself collected from the community, gets tested against reality rather than accepted at face value.

When to use it: For every theme from A6.2, but it matters most when the underlying analysis in Translate 05 — Analysis was statistical or geospatial rather than participatory — that is exactly the case this page exists to check.

How to use it: Record both where lived experience confirms a finding and where it complicates it — a complication is not a failure, it is the whole reason this step exists.

Source: [Journal of Participatory Research Methods – Strategies to Co-Create Participatory Dissemination](#)

Check each theme against lived experience.

THEME	WHERE LIVED EXPERIENCE CONFIRMS IT	WHERE LIVED EXPERIENCE COMPLICATES IT

A6.4 — Drafting the Decision-Ready Diagnosis

BEFORE YOU START

What this is: The final synthesis step, converting themes and triangulation into the actual diagnosis that carries forward into Build.

When to use it: Last, once [A6.2](#) and [A6.3](#) are both complete.

How to use it: Write the gap in one sentence a non-specialist could act on — this exact sentence is what Plan in 07 starts from.

Write the actual diagnosis for the people who will decide what happens next.

☐ **The gap, in one sentence a non-specialist could act on**

☐ **What evidence it rests on (which themes, which triangulation)**

☐ **Who needs to see this diagnosis before Plan begins**

Glossary

The physics, and what it means in practice. Every linked term across this document points here.

PHYSICS	PRACTICE
Medium What a wave travels through	Medium A community, organization, or society — already has its own rhythms and ways of organizing
Wave A disturbance that transfers energy through a medium	Wave Any program, policy, or strategy entering a community, organization, or society
Frequency (f) Number of wave cycles per second (Hz)	Community Frequency The rate at which a community, organization, or society repeats its core rhythms Measured by: participation rates, cultural retention indicators where participatory; usage or administrative records where not.
Frequency (f) Number of wave cycles per second (Hz)	Intervention Frequency The rate at which an introduced program, policy, or strategy repeats its own rhythm Measured by: program schedule and cadence; funding or renewal cycles.
Wavelength (λ) Distance of one full wave cycle (m)	Community Wavelength The reach of one full cultural cycle across people, geography, and generations Measured by: cultural spread, intergenerational transmission where participatory; demographic or geospatial distribution where not.
Velocity (v = fλ) How fast a wave's energy moves through the medium	Community Velocity How fast meaning and knowledge move through a community's own networks Measured by: response time to cultural events where participatory; network density or digital logs where not.
Amplitude (A) The energy or intensity of the driving force	Amplitude The intensity of resources actually committed to an intervention Measured by: dollars committed, people reached, frequency and duration of contact. <i>High amplitude with the wrong frequency is loud dissonance, not resonance.</i>

Glossary (continued)

PHYSICS	PRACTICE
f_community = f_intervention When frequency of wave matches frequency of medium	Resonance When the frequency of an intervention matches the natural frequency of a community Measured by: uptake, sustained engagement, trust where participatory; adoption or usage metrics where not. <i>If the community resonates with and amplifies the intervention, social transformation can take shape.</i>
f_beat = f_c - f_i When frequency of wave does not match frequency of medium — audible beating	Dissonance The gap between the frequency of a community and whatever is currently acting on it Measured by: drop-off and pushback where participatory; divergence in statistical or geospatial measurements where not.
A' > A at resonance Growth in a driven system's own response amplitude, greatest at resonance	Amplification What a community does with an intervention, if it resonates — carrying it further than what was put in Measured by: continued use after the engagement ends; adoption or replication beyond original delivery. <i>This is the mechanism behind social transformation — not the resources committed, but what the community does with them.</i>

Bibliography

Sources cited in the Findings Toolkit.

Translate 06

[Journal of Participatory Research Methods — Strategies to Co-Create Participatory Dissemination](#)

the cycle continues –

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The Resonance Method – Findings Toolkit

Extracted from The Score – 2026

Grounded in Collaborative Sensemaking practices documented in the Journal of Participatory Research Methods; core CBPR co-learning principles (Israel et al.) applied specifically to the interpretation stage, not only data collection.

Full sources: Bibliography, previous page. Term definitions: Glossary.

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